

Nutrition Analysis Center

Eurofins Scientific Inc. Nutrition Analysis Center 2200 Rittenhouse Street, Suite 150 Des Moines, IA 50321

Tel:+1 515 265 1461 Fax:+1 515 266 5453

Entry Date: 08/10/2019

Reporting Date: 08/23/2019

Eurofins Sample Code: 464-2019-08100318

Sample Description: 45MG of Iron SPECIALS Lot #904048 **Client Sample Code:** 45MG of Iron SPECIALS Lot #904048

PO Number: 45MG of Iron SPECIALS Lot #904048

Client Code: QD0007527

ProCare Health Attn: Mr Nick Wiegand 205 Stag Industrial Blvd. Lake St. Louis, MO 63367

CERTIFICATE OF ANALYSIS

AR-19-QD-131414-01

| Test | As Is Basis | Per Serving | Theoretical Level | |
|---|---------------------------------------|------------------------------------|----------------------------------|--|
| QD273 - Serving Size by Content Weight | | Completed: 08/20/2019 | | |
| calculation Content Weight Units per Serving Serving Size | 0.8405 g 1 0.84 g | 0.8405 g 1 0.84 g | 1 | |
| QD058 - Copper by ICP | | Completed: 08/13/2019 | | |
| AOAC 984.27, 927.02, 985.01, 965.17 mod * Copper | 270 mg/100 g | 2.2 mg/Serving | 2 mg/serving | |
| QD107 - Iron by ICP | | Comple | eted: 08/14/2019 | |
| AOAC 984.27, 927.02, 985.01, 965.17 mod * Iron | 5,110 mg/100 g | 43.0 mg/Serving | 45 mg/serving | |
| QD115 - Magnesium by ICP | | Comple | eted: 08/14/2019 | |
| AOAC 984.27, 927.02, 985.01, 965.17 mod * Magnesium | 12,300 mg/100 g | 103 mg/Serving | 100 mg/serving | |
| QD117 - Manganese by ICP | | Comple | eted: 08/14/2019 | |
| AOAC 984.27, 927.02, 985.01, 965.17 mod * Manganese | 340 mg/100 g | 2.86 mg/Serving | 2 mg/serving | |
| QD249 - Zinc by ICP | | Comple | eted: 08/13/2019 | |
| AOAC 984.27, 927.02, 985.01, 965.17 mod * Zinc | 1,880 mg/100 g | 15.8 mg/Serving | 15 mg/serving | |
| QA0A4 - Iodine (ICP-MS) | | Comple | eted: 08/20/2019 | |
| AOAC 2012.15 lodine (I) | 24.0 mg/100 g | 0.202 mg/Serving | | |
| QQ182 - Total Vitamin A | | Comple | eted: 08/19/2019 | |
| AOAC 974.29 Mod. | | | | |
| * ß-carotene * Retinol | 84,100 IU/100 g 1,080,000 IU/100 g | 707 IU/Serving 9,090 IU/Serving | n/a iu/serving n/a iu/serving | |



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| QQ182 - Total Vitamin A (Cont.) | Completed: 08/19/2019 | | | |
| AOAC 974.29 Mod. * Total Vitamin A | 1,160,000 IU/100 g | 9,780 IU/Serving | 10,000 iu/serving | |
| QQ023 - Biotin (USP) Completed: 08/16/2019 | | | | |
| USP Biotin-USP | 33,600 μg/100 g | 283 μg/Serving | 600 µg/serving | |
| QQ059 - Total Folate (AOAC, levels < 12.5 mg/100g) | | Completed: 08/22/2019 | | |
| AOAC 992.05 mod. * Total Folate as Folic Acid | 58.9 mg/100 g | 0.495 mg/Serving | 800 µg/serving | |
| QQ086 - Vitamin B3 - Niacin (USP) | | Complet | ted: 08/14/2019 | |
| USP Niacin - USP Niacinamide - USP | <3.558 mg/g 5,230 mg/100 g | <3.00 mg/Serving 44.0 mg/Serving | n/a mg/serving 40 mg/serving | |
| QQ157 - Vit B5 Pantothenic Acid (USP | | Complet | ted: 08/15/2019 | |
| USP Pantothenic acid - USP | 2,450 mg/100 g | 20.6 mg/Serving | 20 mg/serving | |
| QQ150 - Vitamin B1-Thiamine HCI (USP) | | Complet | ted: 08/13/2019 | |
| USP Vitamin B1 - Thiamine Hydrochloride - USP | 3,000 mg/100 g | 25.2 mg/Serving | 20 mg/serving | |
| QQ155 - Vitamin B2 - Riboflavin (USP) | | Complet | ted: 08/13/2019 | |
| USP Vitamin B2 - Riboflavin - USP | 1,620 mg/100 g | 13.6 mg/Serving | 12 mg/serving | |
| QQ159 - Vitamin B6 - Pyridoxine (USP) | Completed: 08/13/2019 | | | |
| USP Vitamin B6 (pyridoxine) - USP | 1,500 mg/100 g | 12.6 mg/Serving | 12 mg/serving | |
| QQ160 - Vitamin C - Ascorbic Acid - AOAC | | Complet | ted: 08/15/2019 | |
| AOAC 967.22 mod. * Vitamin C - Ascorbic Acid | 15,100 mg/100 g | 127 mg/Serving | 130 mg/serving | |
| QD0EK - Vitamin D (LC-MS/MS) | | Complet | ted: 08/16/2019 | |
| Huang et al., Rapid Commun. Mass Spectrum 2014, 28 * Total Vitamin D2 and D3 * Vitamin D2 * Vitamin D3 | 304,000 IU/100 g <98.8 IU/100 g 304,000 IU/100 g | 2,560 IU/Serving <0.831 IU/Serving 2,560 IU/Serving | 3,000 iu/serving | |
| QD0GI - Vitamin E | | Complet | ted: 08/19/2019 | |
| AOAC 971.30 with HPLC quantification mod. * Vitamin E Profile * Alpha- Tocopherol * Beta-Tocopherol * Gamma-Tocopherol * Delta-Tocopherol * Total Tocopherols | Reported As D-Tocopherol mg/100 g 5,680 mg/100 g <1.25 mg/100 g <1.25 mg/100 g <1.25 mg/100 g <1.25 mg/100 g 5,680 mg/100 g | Reported As D-Tocopherol mg/100 g 47.7 mg/Serving <0.0106 mg/Serving <0.0106 mg/Serving <0.0106 mg/Serving 47.7 mg/Serving | | |



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| QD0K2 - Chromium (Mwd-ICP-MS) Completed: 08/15/20 | | | eted: 08/15/2019 | |
| AOAC 2011.19 mod. * Chromium (Cr) | 202 ppm | 0.170 mg/Serving | | |
| QD0K1 - Molybdenum (Mwd-ICP-MS) | | Completed: 08/15/2019 | | |
| AOAC 2011.19 mod. * Molybdenum | 159 ppm | 0.134 mg/Serving | | |
| QD0K0 - Selenium (Mwd-ICP-MS) Completed: 08/15/2019 | | | | |
| AOAC 2011.19 mod. * Selenium (Se) | 178 ppm | 0.149 mg/Serving | | |
| KK796 - Vitamin B12 - Methylcobalamin by HPLC | | Completed: 08/20/2019 | | |
| Internal Method Methylcobalamin | 0.0328 % (w/w) | 0.000276 g/Serving | | |
| YI001 - Vitamin K Profile - K1, MK4, MK7 (UV Detection) Completed: 08/2 | | | eted: 08/23/2019 | |
| AOAC 999.15, mod. Phylloquinone (Vitamin K1) Menaquinone-4 (MK-4)(Vitamin K2) ND = Not Detected trans-Menaquinone-7 (MK-7)(Vitamin K2) ND = Not Detected | 135 μg/g ND μg/g ND μg/g | 113 μg/Serving ND μg/g ND μg/g | | |
| | | | | |

^{*}The test result is covered by our current A2LA accreditation.

Respectfully Submitted, Eurofins Scientific Inc.

David Gross

Support Services Manager

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ACCREDITED

Biological Testing Cert:3329:01



Chemical Testing Cert:2927:01